

Thank you for the good you have done

through our St. Vincent de Paul group at St. Ambrose Cathedral!



Hundreds of people received practical help and encouragement, directly from St. Ambrose Cathedral parishioners!

14 families received urgent assistance with rent or utility payments. These needs were brought to our attention by Fr. Ambrose or by SVDP conferences at other parishes.

15 families received school supplies they could not afford to purchase.

Homeless people often ask our parish office or Bishop Joensen for help. Our SVDP provides bus tokens or comfort items that parish staff distribute as needed.

About 500 hungry families per month are given items they need at the two metro SVDP food pantries. Each month, you've

brought thoughtful items of food, hygiene & cash gifts to Mass to stock those pantries!

Many ill, elderly or bereaved people have received cards or visits from SVDP. We donated comfort items that Fr. Nivin can offer when he brings Communion to residents at University Park care center.

Those who rely on Catholic Charities Family Shelter and Catholic Worker House received 3 meals last year. Working together, our SVDP members provided a bounty for 35 to 60 people each time. We also brought two meals to an ill parishioner's family.

Coming Soon

Jan. 28-29 - Second collection at Mass will support our SVDP. Your donation will serve others in 2023.

Feb. 4-5 - Food Pantry Sunday. You can bring items on the First Sunday of each month and the Saturday of the same weekend.

April – Donation Truck. As we did in September, please bring items to be sold at the 3 SVDP thrift stores. The low prices help people afford what they need, and the sale supports SVDP's food pantry, job programs, and a fresh start for people coming out of prison. Date to be announced.

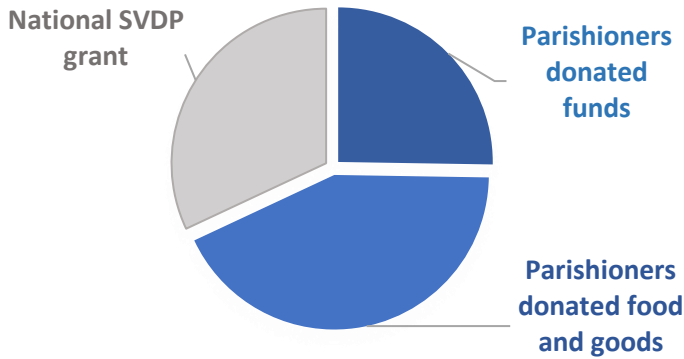
You are always welcome!

Want to consider joining? Contact us to learn more, or come to our next meeting. anitaogara@gmail.com * 515-249-4490

Our volunteers gather at 5:30 on the First Tuesday each month in the parish hall. You can come anytime! We now have 19 active members plus several occasional volunteers! Of the 13 parish conferences in Central Iowa, our St. Ambrose conference is one of the strongest in members and service. Come check it out.

Thank you for your continued support!

SOURCES OF DONATIONS

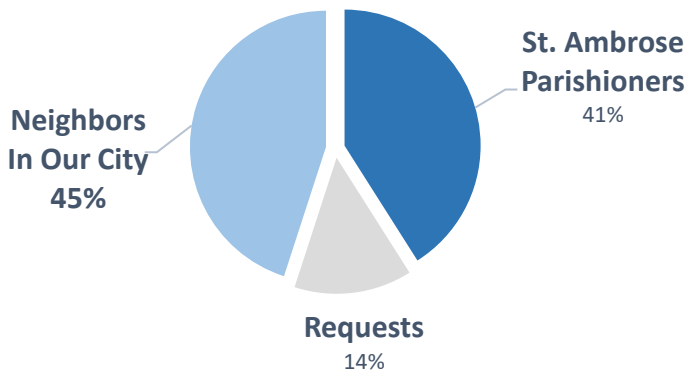


Parishioners donated \$3,951 through SVDP special collections, memorial gifts & more.

Parishioners gave food pantry items at Mass estimated as \$4,000 in value.

The National Council of the Society of St. Vincent de Paul chose the Cathedral to receive a \$5,000 **Friends of the Poor grant**. We are able to provide urgent rent & utility assistance to families, thanks to these funds.

Who did cash donations help?



Our parishioners received help with rent/utilities, food, and school supplies. This is often done in partnership with St. Ambrose Refugee Ministry. Total given: \$4,347

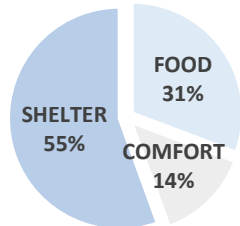
In our city, people received:

Rent assistance. With \$2,400 in grant funds, we helped other parish SVDPs meet urgent needs

SVDP food pantry items. We provided \$2,000 to purchase most-needed items.

Meals prepared for shelters, valued at \$370

Cash Gifts Were Used For:



Those on the street who asked our parish office for help received practical comfort items such as socks, water, or bus tokens. Total value: \$1,434.