

Family Faith Formation

Time & Talent Form

Sundays September through May. You do not have to be here every weekend.

Name of person interested

	Catechist: training provided.
	Help on Sundays between Masses with a classroom or whole-family experiences
	Help with First Communion or Confirmation classes or retreats
	Help children learn prayers in small groups
	Help our young people participate in Catholic Youth Camp, National Catholic Youth Conference, or World Youth Day

Adult Faith Formation

Name of person interested

	Organize or promote small group opportunities
	Support the RCIA team

Parish leadership

Name of person interested

	Communications: Update parish website or Facebook. Could be done from home.
	Finance Council
	Stewardship Committee
	Safety Committee
	Help in the parish office

Have a different idea or question? Tell us about it!
Call 515-288-7411 or use the inquiry form on our website.

How are *you* called to help?

Can you bring your energy, skills & heart to any of these ministries?

Please pray about this, and complete a form for your household.

Even if you're just curious – even if you can't do it now but might do it later – please put your name by that ministry. Someone will contact you to tell you more about it.

Return this form during November

- In the collection basket at Mass
- OR to the parish office: 607 High Street, Des Moines 50309

Learn more about ministries at our new website:

SaintAmbroseCathedral.org/Ways-To-Serve

Please complete one form per household.

Full Names of people in your home who might want to serve:

First name *Last name*

First name *Last name*

First name *Last name*

First name *Last name*

Best email address? _____

Best phone? _____

Are you Registered Members of St. Ambrose Cathedral? Yes / No

Assist at Mass

Name of person interested

	Greeter
	Usher
	Altar server
	Lector
	Extraordinary Minister of the Eucharist
	Cantor

Service with Fellowship

These ministries offer regular gatherings and new friendships.

Name of person interested

	Knights of Columbus
	St. Vincent de Paul Society
	Faith Formation volunteers
	Walking with Moms in Need

Personally help others

Name of person interested

	Prayer Chain: pray when people ask our parish for prayers
	Homebound ministry: Visit ill or elderly people
	Connection Café: serve weekday lunches to needy people downtown
	Personal service through SVDP

Ministries of Welcome

Bring food, set up tables, and/or welcome guests

Name of person interested

	Greeters at events in Cathedral
	Faith Formation gatherings
	Parish potlucks or picnics
	Lenten Fish Fry
	Decorate the church for seasons
	Help care for our flower beds